



FOR IMMEDIATE RELEASE

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**UFOOD RESTAURANT GROUP SIGNS EIGHT-UNIT DEVELOPMENT DEAL
WITH FRANCHISEE IN PUERTO RICO**

Boston, Mass., May 20, 2011 - UFood Restaurant Group Inc. (OTCBB: UFFC) announced today the company has contracted with franchisee Manuel Rivera to develop and operate eight UFood Grills in Puerto Rico. The first of the units is projected to open in fall 2011.

“This is a great opportunity to expand our brand beyond the continental U.S.,” said UFood CEO George Naddaff. “This will allow us to introduce UFood to the residents of Puerto Rico, while making our delicious and nutritious food available to our customers in the States who visit the island.”

“I was one of the first customers to patronize the original Low Fat-No Fat restaurant in 2000, which later became UFood Grill,” said Rivera, a Puerto Rican native and former Boston resident. “I am proud and excited to have the opportunity to bring the healthy UFood Grill menu to Puerto Rico where I believe the concept of better-for-you food will achieve great success.”

UFood Grill is committed to offering consumers food that is both delicious and nutritious, with a wide-ranging menu that includes lean burgers, rice bowls, salads, wraps and smoothies. The company currently has eight locations in Boston, Dallas and Cleveland, including three airports (Logan Airport [2 units], Dallas Ft. Worth International Airport, Cleveland Hopkins International Airport), urban areas and Parkland Memorial Hospital in Dallas.

In addition, the company will be opening three additional units this year on the Aberdeen Proving Ground military base in Maryland, is approved to open two airport units in the Salt Lake City International Airport, and one unit in the Omni Club fitness center in Fort Myers, Florida.

About UFood Restaurant Group, Inc.

Headquartered in Boston, Mass., UFood Restaurant Group, Inc. is a franchisor and operator of fast-casual food service restaurants. UFood Grill offers a healthy lifestyle alternative to consumers in the fast-casual restaurant space and is positioned to become a leading player in the “better-for-you” quick-serve restaurant category. The Company is led by franchise innovator George Naddaff, who founded Boston Market and led the franchising of several companies including Sylvan Learning Center and VR Business Brokers. Mr. Naddaff has assembled a veteran management team with a successful record in the franchise market. UFood is currently launching a growth plan to franchise nationwide. To learn more, visit www.ufoodgrill.com

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Forward-Looking Statements

This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 involving known and unknown risks, delays, and uncertainties that may cause our actual results or performance to differ materially from those expressed or implied by these forward-looking statements. These risks, delays, and uncertainties include, but are not limited to: risks associated with the uncertainty of future financial results, our reliance on our sole supplier, the limited diversification of our product offerings, additional financing requirements, development of new products, government approval processes, the impact of competitive products or pricing, technological changes, the effect of economic conditions and other uncertainties detailed in the Company's filings with the Securities and Exchange Commission. The Company undertakes no obligation to update any forward-looking statements.

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