



FOR IMMEDIATE RELEASE

UFood Grill: Alexis Mimos
(617) 787-6000

Investor Contact: Stanley Berger or Andrew Berger
SM Berger & Company
(216) 464-6400

**UFood Announces Its Second Restaurant Location
at Boston's Logan Airport**

BOSTON, MA – June 26, 2009 -- UFood Restaurant Group, Inc. (OTC BB: UFFC) announced today that it has signed a lease agreement with Westfield Concession Management for a UFood Grill Restaurant in Boston's Logan Airport Terminal C. Westfield is a premier company in the leasing of airport retail concessions across the United States. This will be UFood's second location inside Boston Logan Airport and the third airport location (the other airport location is Dallas/Fort Worth – the seventh busiest airport in the world). Management anticipates the new restaurant will be opened by early October 2009.

Boston Logan International Airport is one the 20 busiest airports in the U.S. with over 27 million passengers a year. Terminal C specifically, is home to United Airlines, United Express, JetBlue Airways, AirTran Airways, MidWest, Sun Country and Cape Airlines, and serves millions of passengers a year.

George Naddaff, the Company's Chairman and Chief Executive Officer, stated, "We are pleased to announce another location at Boston Logan Airport. This is a testament to the success of our Boston Logan Terminal B location. UFood Grill was recently awarded the '2009 Best New Concession' in the Food & Beverage category by Airport Revenue News and is focused on the growth of its 'better-for-you' fast casual dining concept. We are committed to growing nontraditional restaurant locations and are working diligently on securing additional airport, hospital, college, and travel plaza locations throughout the United States."

Investors wanting to be added to the UFood Restaurant Group email distribution list please email investor@ufoodgrill.com and you will be added to the list.

About UFood Restaurant Group, Inc.

Headquartered in Boston, MA, UFood Restaurant Group, Inc. is a franchisor and operator of fast-casual food service restaurants. UFood Grill offers a healthy lifestyle alternative to consumers in the fast-casual restaurant space and is positioned to become a leading player in the "better-for-you" quick-serve restaurant category. The Company's led by franchise innovator George Naddaff, who founded Boston Market and led the franchising of several companies including Sylvan Learning Center and Ranch*1. Mr. Naddaff has a veteran management team with a record of success in the franchise market. UFood is currently launching a growth plan to franchise nationwide. To learn more, visit www.ufoodgrill.com.

Forward-Looking Statements

This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 involving known and unknown risks, delays, and uncertainties that may cause our actual results or performance to differ materially from those expressed or implied by these forward-looking statements. These risks, delays, and uncertainties include, but are not limited to: risks associated with the uncertainty of future financial results, our reliance on our sole supplier, the limited diversification of our product offerings, additional financing requirements, development of new products, government approval processes, the impact of competitive products or pricing, technological changes, the effect of economic conditions and other uncertainties detailed in the Company's filings with the Securities and Exchange Commission. The Company undertakes no obligation to update any forward-looking statements.