

Want a little UFood Grill goodness at your next event or meeting? Call your favorite location and ask about our catering menu.

UFood Grill

California

Oakland – Oakland Airport Coming soon!

Florida

Naples 239.598.4456

Massachusetts

Boston – Downtown Crossing 617.451.0043

Boston – Landmark Center 857.254.0082

Boston – Logan Airport Terminal B 617.561.8899

Watertown 617.923.7676

Boston – Logan Airport Terminal C 617.567.2214

Texas

Dallas – DFW Airport 972.586.0380

Dallas – Parkland Hospital 214.879.1450

Ohio

Cleveland – Cleveland Hopkins Airport

216.265.2285

For updated locations, nutritional info, and other UFood Grill information, check us out at www.ufoodgrill.com.

For information on franchise opportunities, call us at 617.787.6000.

The entire UFood Grill menu is free of trans fat with the exception of small amounts that naturally occur in dairy and meat products. Prices do not include tax and selection may vary by location. Menu subject to change without notice.

UFood Restaurant Group is a publicly traded company. (OTCBB: UFFC)

Smuuthies™

Made with fat-free yogurt and real whole fruit and berries.

Pineapple Frapple

pineapple. bananas. pineapple juice. vanilla yogurt.

Passionate Peach

peaches. strawberries. passionfruit juice. vanilla yogurt.

Chocolate Peanut Butter Buzz

mocha. peanut butter. skim milk. vanilla bean. vanilla yogurt.

Orange Pineapple Whip

pineapple. vanilla yogurt. orange juice.

Go Man-Go

mangos. bananas. strawberries. vanilla yogurt. apple juice.

Berrylicious

blueberries. strawberries. raspberries. vanilla yogurt. apple juice.

Açai Superberry

açai sorbet. strawberries. raspberries. vanilla yogurt. pomegranate juice.

Strawbanilla

strawberries. bananas. apple juice. vanilla yogurt.

Enhancers 4U

Customize your smuuthie (it's all about U)

Protein

Super Protein

Antioxidant

Energy

Immune

Intelligence

UBerry™ Tart Soft Serve Yogurt

Loaded with probiotic cultures and a great source of calcium, protein and B vitamins.

Original Tart
Wildberry Tart
Swirl

Fat-free Vanilla
Fat-free Chocolate
Swirl

Original
Tart has only
90 cal per
4 oz

UFood Grill.™

Food that starts with U.

We've created a great-tasting menu using these guidelines:

- We bake, grill, steam, never fry. No added trans fats ever.
- All-natural ingredients with no artificial flavors or colors.
- Whole-grain brown rice, breads, and tortillas.
- Lite dressings, lean meats, and lower-fat cheeses.
- Organic ingredients and hormone-free and antibiotic-free meats whenever possible.
- Lots of vegetarian items that are tasty enough for meat eaters too!

Since we prepare our food fresh, feel free to customize your order. We don't mind at all!

We cater for a happier, healthier U.

Call us for special pricing.

216.265.2285

216.265.2286

216.265.2287 (fax)



UFood Grill™
feel great. eat smart.

UFood Grill.™

Cleveland Hopkins Airport Menu

Where *Delicious* Meets *Nutritious*

We bake,
grill, steam,
never fry.
No added
trans fats
ever.

Fired-Up Burgers™

All burgers available in **100% USDA Choice ground lean beef, turkey or veggie**. Served on a multigrain or sesame seed bun, unless you prefer it bun-less. All burgers come with lettuce, tomatoes, pickles and ketchup.

Better Bacon Cheeseburger*
100% usda choice ground lean beef. american. turkey bacon.

Chipotle Turkey Burger
turkey burger. jalapeno jack. spicy chipotle mayo.

Veggie Burger
vegan. high protein.

Classic Burger*
100% usda choice ground lean beef.

Signature Sandwiches

Mighty Chicken Sandwich
chicken breast. romaine. radicchio. iceberg. almonds. our caesar dressing. sesame roll.

Tomato Bruschetta
With Chicken
italian-seasoned tomatoes. feta. olive oil. ciabatta.

Chipotle Chicken
chicken breast. jalapeno jack. chipotle mayo. lettuce. tomatoes. pickles. ciabatta.

Fire-Roasted Turkey & Swiss
sliced turkey. swiss. cranberry chutney. organic mixed greens. tomatoes. lite mayo. whole-grain wheatberry bread.

Make it a meal!
Add UnFries™
and a drink.

Make it a double!

Add lite cheese to any burger

Whole-grain brown rice, breads and tortillas.

UBowls™

Served over **100% natural whole-grain brown rice**.

Chopstick Chicken
chicken. broccoli. carrots. teriyaki thai chili sauce.

Tofusion
organic tofu. veggies. ginger-soy glaze.

Southwestern Chicken
chicken. black beans. corn salsa.

Wraps

Trans-fat free white or whole-wheat tortilla.

Chicken Parmigiana
breaded baked chicken breast. mozzarella. marinara. parmesan.

Buffalo Bleu Chicken
chicken. lettuce. tomatoes. bleu cheese buffalo sauce.

Teriyaki Chicken and Broccoli
chicken. broccoli. carrots. teriyaki thai chili sauce. whole-grain brown rice.

Grilled Paninis

Margherita
With Chicken
tomatoes. mozzarella. fresh basil. flatbread.

Chicken Pesto
chicken breast. pesto. tomatoes. mozzarella. flatbread.

Southwestern Turkey
sliced turkey. turkey bacon. tomatoes. chipotle mayo. fresh basil. fresh cilantro. flatbread.

Try our vegetarian items!

Swap any meat with organic tofu.

We strive to use natural, hormone-free and antibiotic-free meats and poultry.

Specialty Salads

Salads come with Chef's recommended dressing. Ask us if you'd like another choice. All dressings are served on the side.

Greek Salad
With Grilled Chicken
organic mixed greens. romaine. cucumbers. tomatoes. onions. feta. olives. pepperoncini. greek dressing.

UFood Bistro Salad
With Grilled Chicken
organic mixed greens. tomatoes. feta. walnuts. cranberries. blueberry-pomegranate vinaigrette.

Crispy Chicken Chopped Cobb
breaded baked chicken. romaine. turkey bacon. tomatoes. cucumber. cheddar. fat-free ranch.

Sides

UnFries™
100% trans-fat free oven-baked french fries.

Whole-Grain Brown Rice
100% natural with a nutty aroma.

Fresh Steamed Broccoli

Steamed Veggie Medley
a rainbow of fresh, crisp-tender steamed veggies.

Sweet Potato Mash
creamy goodness with a hint of cinnamon and spice.

Seasoned Black Beans
simmered with southwestern spices.

Platters

Oven Crisped Chicken Fingers Platter
breaded chicken tenders. served with unfries™.

We use lite dressings & lower-fat cheeses.

Substitute egg whites

Better Breakfast

Egg & Cheese Panini (STAFF FAVORITE!)
With Turkey Bacon or Turkey Sausage
scrambled eggs. cheddar. ciabatta.

Egg & Cheese Sandwich
With Turkey Bacon or Turkey Sausage
scrambled eggs. cheddar. toasted whole-wheat bagel.

Egg & Cheese Breakfast Burrito
With Turkey Bacon or Turkey Sausage
scrambled eggs. cheddar. tortilla.

Steel Cut Oatmeal
real irish cut oatmeal. comes with your choice of any two toppings.

Drinks

Bottled Water

Bottled Soda

Fountain Soda

Bottled Juices

Bottled Energy Drinks

Milk

Coffee/Tea

Our Commitment

We take great care to use the most wholesome available ingredients in the food we make. This means working with our suppliers to source all-natural products that are minimally processed. We are committed to working with producers who understand that 'healthy' food begins with how it is grown and raised and will continue to seek out partners who share this commitment.

*Reminder: consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs containing harmful bacteria may increase your risk of food borne illness.

