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FOR IMMEDIATE RELEASE

UFood Grill Opens in Draper, UT

Boston, MA February 5, 2009: UFood Restaurant Group, Inc. (**OTCBB: UFFC**), an operator of “better-for-you” fast-casual restaurants, today announced the opening of its first Rocky Mountain location in Draper, UT with franchise developer Greg Felder. Mr. Felder has signed on to open 38 locations in the Rocky Mountain States. He has purchased the store development rights for Colorado, Utah, Montana, Idaho and Wyoming. Mr. Felder’s business experience includes the ownership of real estate, construction and restaurants.

Delmark Matthews, COO, has spent most of his career in the retail/food industry. Prior to joining the UFood team in July, Mr. Matthews was a District Manager in Training for Ross Dress For Less, held various management positions with Golden Gate Doughnuts, the franchisee of Krispy Kreme Doughnuts in Northern California and spent 10 years with Kmart Corporation - Restaurant Division.

Draper is located 20 miles south of Salt Lake City and has a young, upwardly mobile population and highly educated work force.

UFood Grill is currently operating stores in Massachusetts, California, Florida and Illinois and plans to expand its nationwide presence in 2009.

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UFood Grill takes a back-to-basics approach to tasty, healthful cooking, where everything served is high quality and guests are encouraged to make dining choices that work for their life and the way they like to eat. The UFood Restaurant Group was founded by George Naddaff, best known for his role as founder of Boston Chicken (now Boston Market), Living and Learning Schools, and Mulberry Childcare Centers. To learn more, please visit ufoodgrill.com.

Forward-Looking Statements

This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 involving known and unknown risks, delays, and uncertainties that may cause our actual results or performance to differ materially from those expressed or implied by these forward-looking statements. These risks, delays, and uncertainties include, but are not limited to: risks associated with the uncertainty of future financial results, our reliance on our sole supplier, the limited diversification of our product offerings, additional financing requirements, development of new products, government approval processes, the impact of competitive products or pricing, technological changes, the effect of economic conditions and other uncertainties detailed in the Company’s filings with the Securities and Exchange Commission. The Company undertakes no obligation to update any forward-looking statements.